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ORIGINAL

THE FREE SHOT IN BASKETBALL: SUCCESSES IN EVERY MINUTE OF GAME

EL TIRO LIBRE EN BALONCESTO: ACIERTOS EN CADA MINUTO DE JUEGO

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ABSTRACT

We present a descriptive analysis of the free shot produced in 74 games of basketball of the ACB. The number of free throws played by the home team and the away team were counted along with the success percentage per minute of the game. The results indicate that, as the game goes on, the number of free throws increases, especially in the last quarter of the game. During extra time, the away team throws almost twice the amount of free throws and with better percentages. There is a significant correlation between the game minute and the number of throws played by both the home team and the away team. Observations were made of the need to adapt and personalise free throw training, working on aspects of visual and attention control and trying to control and manipulate cognitive anxiety.

KEY WORDS: Free shot, basketball, percentage of successes.

RESUMEN

Se presenta un análisis descriptivo del tiro libre producido en 74 partidos de baloncesto de la categoría ACB. Se han contabilizado el número de tiros libres lanzados por el equipo local y visitante y el porcentaje de aciertos en cada minuto de juego. Los resultados indican que, a medida que transcurren los minutos de juego, se incrementa el número de lanzamientos de tiros libres. Destaca sobre todos el último cuarto en cuanto a producción de tiros libres. En las prórrogas, los equipos visitantes lanzan casi el doble de lanzamientos de tiro libre y con mejores porcentajes. Existe correlación significativa entre el minuto de juego y el número de tiros libres lanzados tanto por el equipo local como por el equipo visitante. Se observa la necesidad de adaptar y personalizar los entrenamientos en tiro libre trabajando los aspectos de control visual y atencionales, tratando de controlar y manipular la ansiedad cognitiva.

PALABRAS CLAVE: tiro libre, baloncesto, porcentaje de aciertos.

INTRODUCTION

In the word of basketball, statistical study and analysis is increasingly more important. The most important basketball competition in Spain (ACB) establishes an assessment ranking by grouping the statistical scores of individuals and teams carrying out detailed scouting studies that focus on the strengths and weakness of the opposition. This is all part of the weekly training in preparation for games. In short, this constitutes a tool that demonstrates how highly useful and important modern basketball is.

Within the field of research, different authors have analysed game statistics between different positions and competitions with the view of finding statistical determining indicators of the final results (Gómez and Lorenzo, 2007; Ittenbach and Esters, 1995; Ibánez, Sampaio, Feu, Lorenzo, Gómez and Ortega, 2008; Lorenzo, Gómez, Ortega. Ibánez and Sampaio, 2010; Fierro, 2002; Días, 2007; Ibánez, García, Feu, Lorenzo and Sampaio, 2009; Sampaio, 1998; Zuzik, 2011).

Different studies allow us to extract multiple conclusions of considerable interest as a way of improving knowledge on the general conditions causing different game situations. It is interesting to be aware of what is more or less efficient depending on circumstances and what elements from a statistical point of view can explain what is happening in the game.

One of the conclusions is seen repeatedly in both long-term championships and large competitions. It is that the percentage of two-point shots, the number of assists, the number of fouls and the number of successful free throws seem to be the most important indicators for predicting victory (Gómez and Lorenzo, 2005; Dias, 2007). In this sense, the successful free throw is particularly

relevant especially during equalising games (Sampaio, 1998; Ibánez et al. 2008).

Some data from studies revealed that the number of points obtained during games thanks to free throws represents 20-25% of the total of all points obtained during a game (Hays and Krause, 1987; Cárdenas and Rojas, 1997, Lorenzo, Gómez and Sampaio, 2003, Sampaio, Fraga and Silva, 2004). This percentage is higher during the final minutes of the game. This period sees an increase to up to 35% in the last five minutes and then an even further considerable increase of up to 69% in the last minute of the game and equalising finals (Kozar, Vaughn, Lord, Whitfield, 1994; Ibánez, García, Feu, Parejo, Cañadas, 2009). In summary, as claimed in other studies (Walker, 1985 or Hays and Krause, 1987), free throws determine the result of more than half the games placed within a season.

Jenkins (1977) studied the importance of the free throw on the team's results and concluded that the team with a higher percentage of free throws won in 80% of cases. In addition, Ibánez et al. (2009) currently make mention to how certain contextual situations can change the statistical aspects that differentiate between winners and losers.

In addition, the type of competition, the quality of the players and the psychological factors associated with the competition are contextual variables that can also influence arbitral decisions. In this sense, the study by Anderson and Pierce (2009) highlights that there is a tendency to give more fouls to either the team that has the least or the away team.

The relevance that the free throw seems to have on the search for excellence, along with considering a greater control over training variables, means that this type of throw must be studied from different perspectives. It is considered that the work of the free throw in terms of notational analysis and from perspectives relating to training at a biomechanical and motor control level (Okubo and Hubband, 2006; Keetch, Lee y Schmidt, 2008; Tran y Silverberg, 2008; Schneider y Williams, 2010). Considering the implications that must be borne in mind when conducting integrated training activity (Cárdenas, 1998; Getz and Rainey, 2001; Ortega, Cárdenas, Puigcerver and Méndez, 2005; Foster and Weigand, 2006, Arias, Argudo and Alonso, 2012), or bearing in mind the psychological factors like attention, concentration, visual control, anxiety and nerve levels (Whitehead, Butz; Kozar y Vaughn, 1996; Dandy, Brewer and Tottman, 2001; Harle and Vickers, 2001; Larumbe, 2001; Oliveira, Oudejans and Beek, 2008; Mesagno, Marchant and Morris, 2009; Gooding and Gardner, 2009; Otten, 2009; Wilson, Vine and Wood, 2009, Krendl, Gainsburg and Ambady, 2012).

These latest studies relating to psychological aspects aim to shed light on the state of the free throw in training under competitive conditions in terms of anxiety and stress. They also aim to detect what elements should be

considered from an attention and concentration point of view that could result in free throw performance. One of the most studied lines is to link a possible stress factor with throw efficiency (Hanton, Fletcher, and Coughlan, 2005; Dias, Cruz and Fonseca, 2009; Mellalieu, Neil, Hanton and Fletcher, 2009; Murayama, Sekiya and Tanaka, 2010).

At first glance, the free throw is probably the easiest of all throws. Nonetheless, when competing it becomes a complicated task due to factors of stress and fatigue (Sampaio and Janeira, 2003), which presents multiple implications from a psychological point of view for its relevance on the final result.

As for fatigue, the different studies conclude that it has no significant effects, at least on mechanic aspects. Nonetheless, as outlined in other studies, it can have effects on attention and concentration (Montgomery, Pyne, Hopkins, Dorman, Cook and Minahan, 2008; Ibañez et al., 2009; Stoppani, 2009; Uygur, Gottepe, Karabörk and Korkusuz, 2010).

In summary, the above are variables of a psychological nature that can indeed cause effects. Along this line, Labrador, Crespo, Buceta and González (1995), or more recently Lafuente (2005), all believe that we must bear in mind the existence of multiple psychological variables in order to understand the contextual factors implied in free throwing.

OBJECTIVES

Based on the above ideas, the fundamental aim of this study is to analyse the number of free throws in different time fractions throughout the game and the percentage of successful throws in accordance with the different characteristics and circumstances of the game.

More specifically, we have proposed the following objectives:

1. – To analyse the number of free throws by a home and away team and the percentage of successful throws in each minute of the game, in each five minute period, in each quarter, in each half and during each minute of extra time.

2. – To study whether there is a correlation between the game minute, the number of free throws and the percentage of successful throws.

MATERIAL AND METHOD

Sample

The sample used was made up of 74 ACB basketball games from the Copa del Rey and Playoffs from 2008, 2009 and 2010. Some 24.3% of the games are from the Copa del Rey and 75.7% are from Playoffs. 28.1% are from the 2007-

2008 season, 36.7% from 2008-2009 and 35.2% from 2009-2010. 52.4% of games were from the quarter finals, 29.8% from the semi-finals and 17.8% from the finals.

Instruments

This current study used the official statistics player's database of the *Asociación de Clubes de Baloncesto* (ACB), as well as the ad hoc record sheet created for the purpose (appendix 1).

Execution

For each game, two observers used the record sheet to note down two referents of the following variables: Competition and season; qualifiers, teams involved, game order, game minute; number of free throws, scorer and partial in between teams at the moment of the free throws, number of throws noted down, percentage, and final result. The record sheet reflected all of the statistical elements that were later put into the matrix of a statistical programme.

Data analysis

Statistical handling of data was carried out using a SPSS 15.0 software for Windows. Preliminary and exploratory analyses were carried out in order to determine the characteristics of data. The significance level for all the analyses was fixed at p<0.05. Descriptive analyses were conducted which consisted in the recounting of free throws and the percentage of successful throws achieved in each minute of the game. From the previous data the corresponding studied time periods were obtained: every 5 minutes, every quarter, full time and also for the extra time in those games where extra time has been needed. A Pearson correlation analysis was also carried out along with a comparative analysis using ANOVA and Student's *t*-distribution.

RESULTS

Free throws in different observed time fractions and the success percentage during these periods.

Tables 1 and 2 show the number of throws and the success percentage of the home and away teams during the different observed time fractions. It is evident that as the minutes of the game go on, the number of free throws increases but the success percentage does not have a defined tendency as the game goes on.

During each quarter, Table 1 shows that the highest number of free throws are concentrated in the last two minutes. In other words, during minutes 9-10, 19-20, 29-30 and 39-40.

		No. of throws		Avorage		ontogo
	Hama		Totala	Averages		Totala
	Topm	Away Team	rotals	Toam	Away Team	Totals
Minute 1	14	Q	23	85 71	79.25	82.48
Minute 2	16	11	23	55.00	66.67	60.83
Minute 2	10	11	20	04.44	00.07	00.03
Minute 3	24	14	30	94.44	69.19	76.04
Minute 4	24	19	43	<u> </u>	00.10	70.94
Minute 5	22	22	44	77.50	70.92	02.90
Minute 6	01	21	37	90.00	70.83	80.41
	20	20	40	88.40	60.00	74.23
Minute 8	53	23	/6	75.00	76.92	75.96
Minute 9	52	41	93	80.95	75.00	//.9/
Minute 10	38	41	79	62.50	75.00	68.75
Minute 11	20	27	47	77.27	76.67	76.97
Minute 12	16	22	38	72.22	81.82	77.02
Minute 13	23	20	43	73.08	80.00	76.54
Minute 14	31	25	56	70.59	77.08	73.83
Minute 15	35	25	60	73.68	78.12	75.90
Minute 16	37	46	83	77.78	73.86	75.82
Minute 17	41	38	79	60.67	93.05	76.86
Minute 18	39	45	84	80.35	69.12	74.73
Minute 19	47	54	101	77.10	78.85	77.97
Minute 20	39	37	76	77.50	91.18	84.34
Minute 21	12	19	31	83.33	85.00	84.16
Minute 22	16	11	27	83.37	66.67	75.02
Minute 23	30	26	56	73.94	74.38	74.16
Minute 24	30	33	63	100.00	64.70	82.35
Minute 25	34	24	58	77.78	80.00	78.89
Minute 26	42	29	71	70.00	85.92	77.96
Minute 27	32	28	60	90.62	89.23	89.92
Minute 28	44	38	82	73.68	73.62	73.65
Minute 29	51	61	112	80.09	71.14	75.61
Minute 30	72	45	117	74.72	84.90	79.81
Minute 31	19	13	32	45.00	56.25	50.62
Minute 32	23	26	49	76.92	76.92	76.92
Minute 33	29	31	60	62.81	70.59	66.70
Minute 34	55	23	78	74.04	78.95	76.49
Minute 35	37	39	76	65.72	76.14	70.93
Minute 36	40	39	79	73.53	78.95	76 24
Minute 37	69	<u></u>	116	80.68	76 14	78 41
Minute 38	48	44	92	58.84	78.57	68 70
Minute 39	 88	 70	167	81 64	88 71	85 17
Minute 40	130	109	239	74 80	71 47	73.13

Table 1. Free throws in each minute of the game and success percentages.

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Minute 41	2	2	4	100.00	100.00	100.00
Minute 42	2	5	7	50.00	66.67	58.33
Minute 43	6	12	18	100.00	89.00	94.50
Minute 44	4	4	8	100.00	100.00	100.00
Minute 45	5	12	17	33.50	83.25	58.37

In addition, Table 2 shows how the second half of each quarter saw a higher number of throws than in the first half of this same quarter. The last quarter saw more throws that the third quarter and descending in the second and first quarter respectively.

With regards to success percentages, a defined tendency was not observed in any of the observed time fractions. However, the success percentage increase in the extra time minutes is striking.

				ee pereemage				
	No. of throws Average such					ccess percentage		
MINUTE	Home	Away	Totals	Home	Away	Totals		
	Team	Team		Team	Team			
Minute								
1-5	92	75	167	79.50	78.30	78.90		
Minute								
6-10	185	114	299	77.25	72.63	74.94		
Minute								
11-15	125	119	244	73.19	78.51	75.85		
Minute	004	000	101	74 70	00.75	77 74		
16-20	201	220	421	74.73	80.75	//./4		
Minute	100	110	225	92.06	70 50	70.00		
21-20 Minuto	122	113	235	83.06	73.52	78.29		
26-30	241	211	450	79 50	79.09	70 70		
Minuto	241	211	452	70.59	70.90	10.10		
31-35	163	132	295	67.02	71 20	60 11		
Minute	100	102	200	07.02	11.20	00.11		
36-40	375	318	693	79.20	78.67	78.93		
Minute								
41-45	19	35	54	76.70	87.78	82.24		
QUARTE								
R								
First								
Quarter	277	221	498	78.05	74.72	76.38		
Second								
Quarter	326	339	665	74.07	79.88	76.97		
Third			~~~					
Quarter	363	324	687	80.23	77.01	78.62		
Fourth	500	450		74.04	70.40	75 50		
Quarter	538	450	988	74.81	76.19	75.50		
Ciisi Quarter	603	560	1162	75 01	77 72	76 70		
Second	003	500	1105	10.01	11.13	10.19		
Quarter	901	774	1675	77 10	76 55	76 84		
Extra		1 I - I	1010		. 0.00	10.01		
time	19	35	54	76.70	87.78	82.24		

Table 2. Free throws and success percentages

Success percentages in the different time periods

Table 3 shows the results of the different comparative analyses carried out. Comparisons were made for the different observed time fractions separately for home and away teams. As you can see from the table, no comparison turned out to have significant results (all p-values were >0.05). Consequently, for both home and away teams we cannot confirm whether the success percentage in a given time interval is higher or lower than that observed in another interval.

We also wanted to compare the success percentages in two more extreme time fractions. Consequently, when comparing the average free throw success rate during the first five minutes of the game with the average rate during the last five minutes, no significant differences were found neither in home teams (79.50 compared to 79.20) nor away teams (78.30 compared to 78.67).

Table 3. Free throw success percentage during each time period						
	TIMES	N	Average	Typical Deviation	F	Sig
				2011041011		P
	Minute 1-5	50	79.50	31.82		
Success	Minute 6-10	89	77.25	33.42		
Percentage	Minute 11-15	69	73.19	34.92	1.71	.09
(Home Team)	Minute 16-20	93	74.73	33.61		
	Minute 21-25	62	83.06	25.70		
	Minute 26-30	107	78.59	27.69		
	Minute 31-35	83	67.02	35.89		
	Minute 36-40	147	79.20	26.64		
	Minute 41-45	8	77.13	36.65		
	Minute 1-5	43	78.30	33.04		
Success	Minute 6-10	74	72.64	31.83		
Percentage	Minute 11-15	64	78.52	29.16	0.95	.47
(Away Team)	Minute 16-20	100	80.75	27.72		
	Minute 21-25	56	73.52	33.00		
	Minute 26-30	99	78.98	31.02		
	Minute 31-35	64	71.20	37.04		
	Minute 36-40	129	78.67	29.54		
	Minute 41-45	13	84.62	21.99		
Success	First guarter	139	78.06	32.76	1.10	.35
percentage	Second quarter	162	74.07	34.08		
(Local)	Third quarter	169	80.23	26.98		
	Fourth quarter	230	74.81	30.79		
	Extra time	8	77.13	36.65		
	Total	708	76.60	31.20		
Success	First quarter	117	74.72	32.25	0.73	.57
percentage	Second quarter	164	79.88	28.22	00	
(Away Team)	Third quarter	155	77.01	31.75		
	Fourth quarter	193	76 19	32 31		
	Extra time	13	84 62	21.99		
	Total	642	77.23	30.97		
					t	Р
Success	First Quarter	301	75.91	33.477	-0.50	.62
percentage	Second	399	77.11	29.328		-
(Home Team)	Quarter					
Success	First Quarter	281	77.73	30.021	0.47	.64
percentage	Second quarter	348	76.55	32.023		
(Away Team)	•					
Success	Minute 1-5	50	79.50	31.82	0.06	.95
percentage	Minute 36-40	147	79.20	26.64		
(Home Team)						
Success	Minute 1-5	43	78.30	33.04	-0.07	.95
percentage (Away Team)	Minute 36-40	129	78.67	29.54		

p > .05. (Non significant differences).

Correlations between game time, free throws and success percentage.

Table 4 shows that there is a significant correlation between the game minute and the number of free throws for both the home and away teams. There is also a correlation between the number of free throws by the home and away teams.

Nonetheless, there is no correlation between the game minute and the success percentage both for the local and away teams when carrying out free throws.

	Correlati	ion)		
	Period		Home	Away
		Home	Team	Team
		Team	Percentag	Throws
		throws	е	
Home Team Throws	.52 (**)			
Home Team	01	.01		
Percentage				
Away Team Throws	.53 (**)	.89 (**)	.07	
Away Team	.010	02	01	.01
Percentage				

Table 4. Correlations between game time, free throws and success percentage (Pearson Correlation)

**Significant correlation at the level of 0.01 (bilateral).

DISCUSSION

This study had two objectives. The first was to analyse the number of free throws and then the success percentage in different time fractions. Our results indicate that, as the game goes on, the number of free throws increases in the case of both the home and away teams. Nonetheless, the average success percentage does not display any defined pattern in any of the two teams.

The second objective was to study whether there is a correlation between the game minute, the number of free throws and the percentage of successful throws. We saw that there was a positive correlation between the game minute and the number of free throws for both the home and away team. Nonetheless, there is no correlation between the game minute and the success percentage both for the local and away teams when carrying out free throws.

In short, as the game unfolds (game time) the number of free throws increases but the success percentage undergoes significant changes depending on the game minute. This was also found in other studies (Kozar et al., 1994; Ibánez et al., 2009).

The increase in free throws as the game goes on could be due to a question of tactics which is reflected indirectly in the free throw. Towards the end of the game is when more tactical fouls are committed (Anshel and Wells, 2000). This

can also be put down to the fact that there is a relation with game situations and the use of each possession (Lorenzo, Gómez and Sampaio, 2003).

The fact that no statistically significant differences were found when comparing the free throw success percentage in different time fractions brings us to question the incidence of some recurring variables for explaining free throw fouls. For example, we refer to the lack of warm-ups usually characteristics at the beginning of the game or rather the physical fatigue or higher incidence caused by the capacity to control stress when the free shot has direct incidence with the scorer and it game is coming to an end. Probably, in other lower ACB categories significant differences can be found in the free throw success percentage depending on the game minute or the location of the scorer when throwing.

In games with extra time, the average free throw success was lower than away teams. The same trend takes place towards the end of the game, although in this case the difference between averages is less than in the extra time period. In any case, it turned out to be striking that in the extra time period the free shot success period increased. This could be down to the high level of player concentration and their capacity to control stress in the face of the importance of scoring in this period close to the end of the game. The player is also more fatigued during this period and is more anxious.

Our results reveal other interesting data which we will now explain. In the first and second encounter period, a higher number of free shots were played during the first three minutes, but mostly during the second to last minute. On the other hand, during the third and fourth periods, the highest number of free throws is concentrated in the last two minutes. It is evident that more free throws are played during the last two minutes of the fourth period, something which is significantly higher during the last minute. We also have one other important piece of information: whereas in the minute previous to last minute, the average free throw percentage is a rather high 85.17% and in the final minute this drops considerable to 73.13%. This is possibly due to the fact that in the minute previous to last minute, the performance level is optimal and even allows for an above average percentage during a key time in the game. However, it is not completely decisive. However, the last minute leaves no margin for error and the player worries more (Bakhshayesh, Nia and Neisi, 2010). This anticipation of the consequence can cause an increase in the self-awareness of the situation (Dandy, Brewer and Tottman, 2001; Otten, 2009). This turns into a decrease in success (Whitehead et al., 1996).

The results for the number of free shots in each 5 minute period and the success percentage showed stability in the percentages for all time frames, except in the first five minutes of the last quarter. Although in each time frame the average of 75% was exceeded, at this particular time it decreases to 70%. There could be multiple reasons for this: it could be the period in which the highest number of supplies are used or the game could be played more by the inner player, which display a lower free throw success percentage (Gómez and

Lorenzo, 2007), meaning that they commit fouls towards the end of the game. The reality is that we do not have enough data to explain this tendency that gives rise to an average percentage of 69.11%.

Fatigue could be neither a possible answer despite considering the game accumulation time. Different studies (Montgomery et al., 2008; Ibánez et al., 2009; Stopani, 2009; Uygur et al., 2010) show that at least in mechanic aspects this element does not cause great alterations in the free shot. Furthermore, the psychological strain during this moment does not seem to be excessive when compared with moments before or after. We also have data for the last five minutes which shows that the success percentage increases to up to 78.93%, returning to average figures in other moments of the game.

Consequently, the explanation to a large extent seems to be a question of tactics that is indirectly reflected in the free shot. Towards the end of the game is when more tactical fouls are committed (Anshel and Wells, 2000). This can be understood as a stress factor in 60% of players and for 100% of players it is stressful to miss a throw when considered to be easy (Anshel and Wells, 2000).

This is an element to be born in mind if we manage to increase free throw percentages and choking control produced during stressful situations, we know that the final rate would considerably increase too, especially during equalising finals where differences are so small that the free throw point could determine the final result. This happened in the final Play off of 2010.

When the number of free throws in the last quarter is higher than previous quarters, and when there are no differences between the second and third quarters, we can deduce that it is related to the defence to save fouls at the beginning and then over time increase intensity. This leads to situations of contact (plus fatigue, which causes later defensive actions and a tendency towards foul increase). Whatever the cause, the last quarter sees the most free throws and the worse percentages.

Another question to outline is that although the percentage of home teams is better than that of visitors in the second half compared to quarters, the away teams are more effective (although they throw on less occasions). During extra time, the away team makes almost double the amount of free throws with better percentages. The stressful situation of extra time at home, when no team wins during reglamentary time, seems to go against the home team in this specific situation in accordance with Baumeister and Steinhilber (1984), or Tauer, Guenther and Rozek (2009), when results are adverse. Although these studies focus more on the advantage and not on home team playing when reaching an equal number of victories in each qualifier Playoffs.

In summary, it is important to increase free shot efficiency due to its effect on the overall outcome of the basketball game. However, this is a closed task. Trainings systems cannot be based solely on working on this variable since we understand that there are multiple factors affecting the free throw during competitions. As some authors mention, one things is the results in training and another is player performance during competitions in which they may be faced with stressful situations (Wilson, Vine and Wood, 2009; Dandy, Brewer, and Tottman, 2001). According to different studies this is produced by the level of concentration or attention that the sportsperson is capable of maintaining (Whitehead et al., 1996; Wilson et al., 2009).

One of the limitations of our study is that we have only focused on the ACB category and it would be important to study other lower categories and younger players. In these cases, psychological factors involved in the free throw can have a more determining incidence. In addition, we did not analyse the success percentage of players depending on their field position (base, winger, and centre). The above limitations should be considered in future investigations in order for greater knowledge on the different factors involved in free throw success.

CONCLUSIONS

As the game unfolds, the number of free throws increases for both the home and away team. However, the success percentage undergoes significant changes depending on the game minute.

We have not found any statistically significant differences when comparing free throw success percentages in different time fractions or when comparing the first and last five minutes of each game.

The above conclusion could bring us to question the incidence of some recurring variable that explain free throw fouls, such as the lack of warm-ups at the start or end of games, physical fatigue or the capacity to control stress when the free throw has a very direct incident on the scorer.

Probably, in other lower ACB categories significant differences were found in the free throw success percentage depending on the game minute or the location of the scorer when throwing.

In any case, it turned out to be striking that in the extra time period the free shot success period increased. This could be down to the high level of player concentration and their capacity to control stress in the face of the importance of scoring in this period close to the end of the game. The player is also more fatigued during this period and is more anxious.

In any case, we have observed the need to adapt and personalise free throw training by working on aspects of visual and attention control and trying to control and manipulate cognitive anxiety.

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Minute	No of	Result	Succes	%	No of	Results	Succes	%
	Home	when	ses	succe	Away	when	ses	succe
	Throws	throwing		SS	Throws	throwing		SS
2		<u>J</u>			2	0-0	1/2	50
2	2	1-0	1/2	50				
5	2	7-4	1/2	50				
11	2	17-15	2/2	100				
14					2	23-17	2/2	100
14	2	23-19	1/2	50				
16					1	24-26	1/1	100
17	2	24-29	2/2	100				
18	2	28-32	2/2	100				
22	2	36-34	1/2	50				
23					2	40-34	2/2	100
26					1	47-43	1/1	100
28					2	53-48	1/2	50
30					2	53-49	2/2	100
31	2	53-53	2/2	100				
32					2	57-53	2/2	100
33					2	57-55	1/2	50
34	1	59-60	0/1	0				
34					1	59-62	1/1	100
35					2	59-65	1/2	50
36					2	61-66	1/2	50
36	2	61-67	2/2	100				
36	2	63-67	1/2	50				
37	2	67-69	2/2	100				
39					2	73-71	1/2	50
39	2	73-72	1/2	50				
40	2	74-74	2/2	100				
40					2	76-74	1/2	50
40	2	76-75	2/2	100				
40	2	78-75	2/2	100				
			24/31	77.4%			18/25	72%

APPENDIX 1: Example of the record sheet used COPA DEL REY 2008-09. QUARTER FINALS: ESTUDIANTES-DKV

Appendix 2. List of analysed games

Sample of Copa del Rey Games					
	SEASON				
2007-2008	2008-2009	2009-2010			
Bilbao-Barcelona	Estudiantes-Dkv	P. Valencia-Estudiantes			
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)			
Tau-Unicaja	Tau-Pamesa	Barcelona-Cajasol			
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)			
Tau-Bilbao	R.Madrid-Barcelona	Bilbao-Caja Laboral			
(Semi-finals)	(Quarter Finals)	(Quarter Finals)			

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Tau-Juventud (Finals)	Unicaja-G. Canaria (Quarter Finals)	R. Madrid-Dkv Joventut (Quarter Finals)
	Estudiantes-Unicaja (Semi-finals)	Caja Laboral-R. Madrid (Semi-finals)
	Barcelona-Tau (Semi-finals)	P. Valencia-Barcelona (Semi-finals)
	Unicaja-Tau (Finals)	Barcelona-R. Madrid (Finals)

S	ample of Play-Offs Game	es
	SEASON	
2007-2008	2008-2009	2009-2010
Joventut-Girona	Barcelona-Pamesa	Cajalaboral-Estudiantes
	(Quarter i mais)	
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
loventut-Girona	Tau-Bilbao	R Madrid-Caiasol
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
Barcelona-Bilbao	Rilbao-Tau	Caiasol-R Madrid
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
Bilbao-Barcelona	Unicaia-G Canaria	R Madrid-Caiasol
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
Tau-Pamesa	G. Canaria-Unicaja	Barcelona-G. Canaria
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
Pamesa-Tau	Unicaja-G. Canaria	Gran Canaria-Barcelona
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
Tau-Pamesa	R. Madrid-Joventut	Valencia-Unicaja
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
R. Madrid-Unicaja	Joventut-R. Madrid	Unicaja-Valencia
(Quarter Finals)	(Quarter Finals)	(Quarter Finals)
Unicaja-R. Madrid	R. Madrid-Joventut	Barcelona-Unicaja
(Quarter Finals)	(Quarter Finals)	(Semi-finals)
Dkv Joventut-Barcelona	Barcelona-Unicaja	Barcelona-Unicaja
(Semi-finals)	(Semi-finals)	(Semi-finals)
Barcelona-Dkv Joventut	Unicaja-Barcelona	Cajalaboral-R. Madrid
	(Semi-finals)	(Semi-finals)
Tau Ceramica-Unicaja	Barcelona-Unicaja	Cajalaboral-R. Madrid
(Semi-finals)	(Semi-finals)	(Semi-finals)
Unicaja-Tau Ceramica	I au-R. Madrid	R. Madrid-Cajalaboral
	(Semi-inals) B. Modrid Tou	(Semi-mais)
(Einals)	K. Maunu-Tau (Somi-finals)	R. Madrid-Cajalaborai (Somi-finals)
(Filiais) Barcelona-Tau	(Semi-mais) Tau-P Madrid	(Semi-mais) Cajalaboral-P. Madrid
(Finals)	(Semi-finals)	(Semi-finals)
Tau-Barcelona	Tau-Barcelona	Barcelona-Cajalaboral
(Finals)	(Finals)	(Finals)
(1.1.6.0)	Tau-Barcelona	Barcelona-Caialaboral
	(Finals)	(Finals)
	Barcelona-Tau	Cajalaboral-Barcelona
	(Finals)	(Finals)

Barcelona-Tau	
(Finals)	

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